

Apply Fatigue Management Strategies (Fatigue Management)

Short course

TLIF2010 (Release 2)

STRENGTHEN YOUR CAREER IN TRANSPORT AND LOGISTICS WITH KEY OPERATIONAL SKILLS.

Overview

This practical 2-3 hour course equips participants with the knowledge and skills to apply fatigue management strategies in compliance with Heavy Vehicle National Law (HVNL) or relevant state/territory legislation. Designed for those in the transport and logistics sector, this course helps ensure safer, more efficient work practices by understanding and mitigating fatigue risks.

Who is this course for

This course is designed for individuals who work in the transport supply chain and need to manage fatigue risks effectively. This includes:

- Drivers and operators of heavy vehicles
- Schedulers and planners
- Fleet managers
- Supervisors and team leaders
- Supply chain and logistics workers

What will you learn

By completing this course, you'll gain the skills to:

- Recognise fatigue symptoms and their impact on safety and performance.
- Understand the requirements for work and rest hours under HVNL or relevant state/territory laws.
- Develop and implement fatigue management strategies within a transport operation.
- Apply workplace policies and procedures related to fatigue management.
- Monitor and review fatigue management strategies to ensure compliance and effectiveness.

*(additional time for assessments)

Duration of Course: 2-3 hours*

Available States: NSW, VIC, QLD, SA, WA, TAS, NT, ACT

Certification: Statement of Attainment *

Course cost: \$180

Delivery Mode: Face-to-face, workplace and online learning



Face to Face



Workplace



Online

INDUSTRY
TLI - TRANSPORT &
LOGISTICS



Existing worker

By completing this course, you will be able to:

- Identify legal requirements for managing fatigue under HVNL or state/territory laws.
- Apply fatigue risk management principles in the workplace.
- Contribute to a safer and more productive transport environment.

Entry requirements:

- Ability to understand and communicate in English.
- Have a USI (Unique Student Identifier) or create one [here](#)



Study pathways:

Enhance your qualifications by exploring other transport and logistics courses:

Full Qualifications:

- **Certificate III in Driving Operations (TLI31222)**
- Build expertise in driving and managing transport operations.
- **Certificate III in Supply Chain Operations (TLI30321)**
- Advance your skills in supply chain and logistics.
- **Certificate IV in Transport and Logistics**
- Take the next step in your career with comprehensive industry knowledge.

Specialised Skills:

- Expand your skills with short courses in load restraint, fatigue management, or dangerous goods handling.

Short Courses and Skill Sets:

- **Improve workplace safety:** Combine this course with the TLIF0025 Follow Work Health and Safety Procedures course or HLTAID011 Provide First Aid.
- **Operate machinery safely:** Add the TLILIC0003 Licence to Operate a Forklift Truck course to enhance your operational qualifications.

Note:

Your certificates, transcripts and other entry requirement evidence must be certified through a Justice of the Peace or other authorising officer. NTO can provide this service if required.



Fees and Payment Information

At NTO, we are committed to ensuring the financial protection and transparency of all students and corporate clients in line with Australian regulations. Below, you will find detailed information regarding course fees, payment terms, and options available to you.

Fee Information:

- **Course Fee:** \$180
- **Deposit and Prepaid Fees:** No more than \$1,500 in prepaid fees prior to course commencement.
- **Payment Plans:** Flexible options to pay in full or on a payment plan.
- **Buy Now, Pay Later (BNPL):** Available for short courses.
- **Invoice Payments:** Available for corporate clients.

For detailed information on payment plans, BNPL, and invoicing, please reach out to our team nto@nto.com.au.

Learner Rights and Refunds

- **Cooling-off Period:** You are entitled to a statutory cooling-off period.
- **Refunds:** NTO offers refunds if the arrangement is terminated early or services are not provided as agreed.
- **Refund Requests:** Can be submitted in writing and will be addressed per NTO's refund policy.



Equip yourself with the tools to manage **fatigue effectively in the transport sector.**

This course will ensure you contribute to safer transport activities and a compliant, efficient supply chain.

Why Choose



- **Industry-Relevant Curriculum:** Our programs are designed in collaboration with industry experts, ensuring you gain the practical skills and knowledge employers demand.
- **Experienced Mentors:** Learn from seasoned professionals who will guide you on your journey, providing valuable insights and support.
- **Supportive Learning Environment:** Our small class sizes and dedicated staff foster a sense of community and personalised attention, empowering you to reach your full potential.
- **Nationally Recognised Qualifications:** Graduate with qualifications that open doors to opportunities worldwide, allowing you to shape your future wherever your path may lead.



**For more information about our
courses call 1300 132 213
or visit nto.com.au**